



PIZZA MADE WITH LEGUMES FLOUR BLEND LEGÙ

INGREDIENTS (2 SERVINGS)

- 100 g of Legù flour
- 20 g of apple juice
- 4 g of salt
- 130 g of water
- 1/3 of an instant yeast bag
- 1 tablespoon of oil

METHOD

Cook it in the oven (ventilated function) at 220°C for 20/25 minutes for a whole pizza, meanwhile the time can be cut in half for little pizzas.

Put all the ingredients in a bowl, mix them with a whisk till you get a creamy mixture and make 2 pizzas out of it or 8 small pizzas.



x2



5'



20/25'